Child Client Details



Child's name	Date
Age / DOB Year lev	el School
Address	
Person making referral	NB Both parents' permission is required for children under 16 years
Parent 1 name	Phone number
Email	Signature
☐ I agree to my child having counselling ☐	in person online (tick one or both).
I have received and read the counselling	g information sheet. I understand the limits of confidentiality.
Parent 2 name	Phone number
Email	Signature
☐ I agree to my child having counselling ☐	in person online (tick one or both).
I have received and read the counselling	g information sheet. I understand the limits of confidentiality.
The child has been informed of the referral a	nd consents to come to counselling (tick to indicate yes)
Living situation / Custody arrangements	
Names / ages of family members	
Friends and other people your child is close to	
Ethnicity Famil	y cultural / spiritual aspects
Physical health	
Current medication	
Leisure activities	
Other professionals involved	

Previous experiences of counselling
Any safety concerns (including self-harm, suicidal feelings, eating disorders, aggressive or risky behaviours)
Outline of concerns that have prompted this referral
Hoped for outcomes of counselling